




Social Narratives



Social narratives are a great way to start a conversation with a child with learning difficulties. They:

-  **Make rules and solutions clear**
-  **Promote independence**
-  **Provide a useful reminder for the child to refer to**

These social narratives about online safety can be used as they are or adapted to make them more relevant for your child. You can include symbols that your child uses in school or photographs of your child to illustrate the information and support their understanding.

An important feature in these narratives is the concept of *'talking to a trusted adult'*. It is important that you talk to your child about who his or her trusted adults are. Children with social communication difficulties, like those with autism, language disorder or ADHD, are not always clear about who they can trust, even if it is obvious to you.

There are some useful resources about talking to children about trusted adults on the INEQE website: <https://ineqe.com/2021/02/08/trusted-adults/>

NetSmartz also has information about how to be a trusted adult:
<https://www.missingkids.org/content/dam/netsmartz/downloadable/tipsheets/being-a-trusted-adult.pdf>



ADD-vance

The ADD-vance ADHD and Autism Trust
Understanding, empowering and celebrating neurodiversity
Registered Charity No. 1158968

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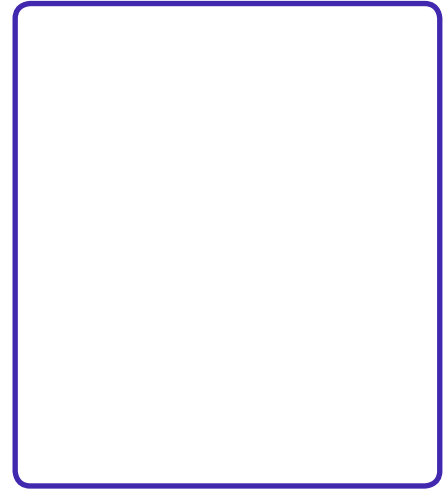
When players talk to me online

A social narrative about oversharing with strangers online

My name is I am years old.

This is a picture of me online.

(Draw, stick or paste a picture of yourself in the box playing your favourite online game.)



My trusted adults are:

- when I am at home
- when I am at school
- when I am at my friend's house
- when I am at
- when I am at

I like playing these games:

I play them on my

I like playing them because

Sometimes other players talk to me while I'm online. Other players who I have not met in real life are strangers. Strangers might not be who they say they are. They might say mean things or trick me by saying kind things to get me to trust them. It's OK to talk about the game I am playing but I must not tell strangers any personal information. Personal information includes my full name, my birthday, my address, where I go to school and what clubs I go to. I will keep myself safe online:

	
 I will only talk about the game we are playing online or other games I like to play.	 I will not tell strangers my personal information.
 I will play without headphones so my trusted adult can hear what players are saying.	 I will not talk one to one with strangers in the game or on a private chat.
 If a stranger asks me about my personal information, I will tell them "I don't give out personal information" or I will leave the game immediately.	 I will not tell strangers my personal information
 If a player asks me to do something that feels wrong, I will tell my trusted adult or leave the game immediately.	 I will not do anything that feels wrong or involves keeping secrets.